



# #HelpingChildrenHeal

A Twitter chat

Exposure to trauma and chronic adversity early in life has a devastating impact on our children and youth. Join us on September 29th for a discussion of community-based solutions to heal young people and foster systemic change.



**Tuesday, Sept 29th**

**1 pm to 2pm (PST)**

Join the conversation  
**#HelpingChildrenHeal @cdfca**

**Children's Defense Fund**  
CALIFORNIA